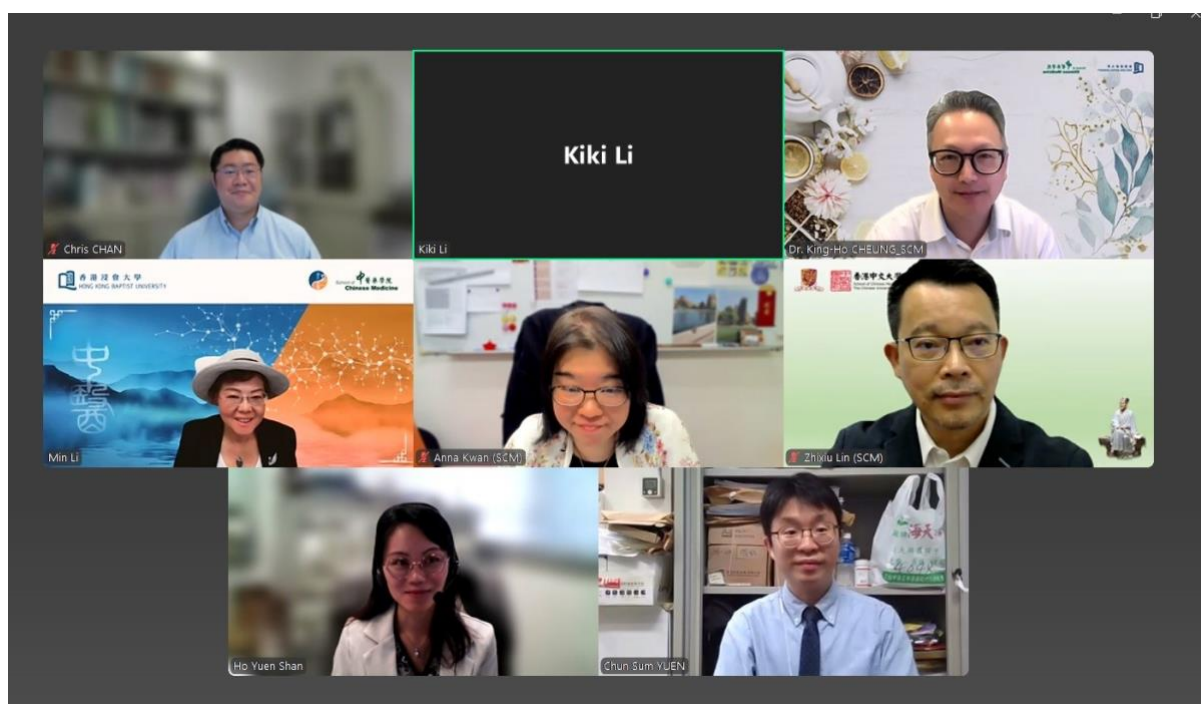


## Mr. Sam Chun Sum Yuen Successfully Defends Ph.D. Thesis on “A pragmatic clinical study of Chinese Medicine as add-on therapy for Parkinson’s Disease”

Mr. Sam Chun Sum Yuen, a research postgraduate student supervised by Professor Li Min at the Mr. & Mrs. Ko Chi Ming Centre for Parkinson's Disease Research in the School of Chinese Medicine, successfully passed his Ph.D. oral examination on August 18, 2025. His research demonstrated that add-on Chinese herbal medicine therapy is well-tolerated, feasible, and shows promising preliminary effects in improving outcomes for Parkinson’s disease patients, particularly in slowing the progression of motor-related impacts on daily life and reducing the need for increasing anti-parkinsonian medication. The study also identified specific Chinese medicine subgroups and disease stages that exhibited significant responsiveness to the herbal treatment. Building on these findings, the research team plans to conduct large-scale clinical studies to optimize Chinese herbal therapy for Parkinson’s patients, with the goal of translating evidence into real-world clinical practice.



Mr. Sam Chun Sum Yuen and the oral examination board members.

Top row (Left to right): (1) Prof. Chris Kam Wa Chan, Assistant Professor, Associate Director (Vincent V.C. Woo Chinese Medicine Clinical Research Institute), School of Chinese Medicine, Hong Kong Baptist University; (2) Prof. King-Ho Cheung, Professor, School of Chinese Medicine, Hong Kong Baptist University;

Middle row (Left to Right): (1) Prof. Min Li, Principal Supervisor of Mr. Sam Chun Sum Yuen, Chair Professor, Dean (School of Chinese Medicine), Ma Pak Leung Endowed Professor in Innovative Neuromedicine, School of Chinese Medicine, Hong Kong Baptist University; (2) Prof. Hiu-Yee Kwan, Associate Professor, Director (Chinese Medicine, Teaching and Research Division), School of Chinese Medicine, Hong Kong Baptist University; (3) Prof. Zhixiu Lin, Director (School of Chinese

Medicine and Hong Kong Institute of Integrative Medicine), School of Chinese Medicine, The Chinese University of Hong Kong;

Bottom row (Left to Right): (1) Prof. Janice Ho, School of Nursing, The Hong Kong Polytechnic University; (2) Mr. Sam Chun Sum Yuen